

INTRODUCTION TO BIBLICAL COUNSELING

Dr. Kevin M. Backus, Professor of Biblical Counseling Western Reformed Seminary
Dr. Backus is a Board Member and Fellow of the Association of Certified Biblical Counseling,
(formerly NANC)

COURSE DESCRIPTION: The nature and principals of biblical counseling as opposed to humanistic approaches; techniques and theories of counseling; patterns of problem solving; the counselor and counselee relationship; the sufficiency of Scripture. 3 Credit Hours

COURSE OBJECTIVES: Students will possess a framework for the ministry of counseling that is thoroughly biblical.
Students will understand and be able to employ the key elements of biblical counseling.
Students will be acquainted with basic principles of biblical conflict resolution.

COURSE DATES: Five weekdays:

The daily schedule will be from 9 a.m. till 5 p.m. with a 90 minute lunch break.

ASSIGNMENTS:

All submissions of papers and the exam are to be made in PDF format to Dr. Backus:
Backus@WRS.edu.

READINGS:

Adams, Jay. *Competent to Counsel*

Adams, Jay. *Christian Counselors Manual*

Adams, Jay. *A Theology of Christian Counseling*

Backus, Sharon. *Running The Christian Race*

(Texts are available in the WRS Bookstore. Read *Competent to Counsel* first.)

INTER-ACTION PAPERS

Credit students will submit a 2-3 page “inter-action” paper (double spaced) on each of the required reading assignments before the first day of class. Late submissions will not be given credit.

Give your impressions of each text: Where do you agree or disagree? How do your personal experiences relate to the teachings of the books?

TERM PAPER